

Supports for Community Living Risk Assessment Inventory

Osteoporosis

The following risk factors may be indicators of existing or developing problems. These should be considered by the case manager, service provider, and other team members when assessing and planning for risk mitigation. Referrals for further evaluation by clinicians may be needed to diagnose a specific condition or otherwise address consumer risk. ***This inventory is not intended to take the place of a professional diagnosis conducted according to accepted standards of clinical practice.***

<input type="checkbox"/> if Present	Risk Factor
<input type="checkbox"/>	Long term use of high dose corticosteroids
<input type="checkbox"/>	Heavy smoking (or passive smoking)
<input type="checkbox"/>	Heavy drinking
<input type="checkbox"/>	Immobility
<input type="checkbox"/>	Lack of sunshine
<input type="checkbox"/>	Low calcium intake
<input type="checkbox"/>	Other diseases
<input type="checkbox"/>	Family history of osteoporosis or fractures
<input type="checkbox"/>	Fracture after a minor bump or fall
<input type="checkbox"/>	Loss of height
<input type="checkbox"/>	Back pain
<input type="checkbox"/>	<i>In women:</i> Early menopause (before 45 years old)
<input type="checkbox"/>	Early hysterectomy (before normal menopause age of 50)
<input type="checkbox"/>	Irregular or infrequent periods during your lifetime

Consumer: _____ Date: _____

